

MTJ Foundation Health Program Six-Month Report

Period: July 2024 – February 2025



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Message from the CEO

"At MTJ Foundation, we believe that healthcare is a right, not a privilege. Over the past six months, with your generous support, we have delivered life-saving medical aid to thousands who had nowhere else to turn. Your zakat, sadaqah, and donations have made a direct impact on communities that need it most. We are deeply grateful for your trust and partnership as we continue this vital work together. Thank you for being a part of our journey to heal, uplift, and empower."

Ihtsham Ullah Qureshi CEO, MTJ Foundation

Executive Summary

The MTJ Foundation's health department successfully carried out a series of medical interventions from July 2024 to February 2025, focusing on underserved communities in Multan, Mian Channu, Tulamba, Toba Tek Singh, and surrounding areas. Through regular medical camps, specialized outreach activities, and free medicine distribution, we addressed critical healthcare needs in these regions

Objectives

Provide free and accessible healthcare services to underserved and vulnerable populations.

- Deliver essential surgical and non-surgical interventions to improve health outcomes.
- Conduct specialized medical camps to address community-specific health challenges.
- Reduce the burden of healthcare costs for low-income families through free treatment and medicine distribution.

Free Medical Camps Summary (July 2024 – February 2025)

Camp/ Outreach Activity	Partners	Location	Date	Number of Patients	Services Provided	
Free Medical Camp	MASH Multan	MTJF Tulamba	10/07/21	1,025	Consultation and basic health screenings	
Free Neuro Camp	ldeal Medicare Multan	MTJF Tulamba	04/12/22	44	Consultation and basic health screenings	
Free Eye Camp	Kalsoom Nawaz Trust	MTJF Tulamba	10/11/23	562 (incl. 183 Surgeries)	Consultation, Screening, Medicine, glasses, surgery	
Free Gastro Medical Camp	GI & Liver Tower Multan	AAS Lab Mian Channu	24/08/24	60	Consultation and basic health screenings	
Free Gastro Medical Camp	GI & Liver Tower Multan	AAS Lab Mian Channu	19/10/24	92	Consultation and basic health screenings	
Free Gastro Medical Camp	GI & Liver Tower Multan	AAS Lab Mian Channu	30/11/24	140	Consultation and basic health screenings	
Free Medical Camp		Chak# 92/15L, Mian Channu	26/12/24	370	Consultation, free medicine, & basic health screenings	
Free Medical Camp		Toba Tek Singh	08/02/24	230	Consultation, free medicine, & basic health screenings	

Monthly Health Data Overview

During this period, the MTJ Foundation treated a cumulative total of 12,236 patients, received 1,520 new applications, and performed 227 surgeries. Improvement rates for surgeries remained consistently high, while a substantial percentage of patients receiving medication also reported improvements.

Month	Patients Treated	New Applicants	Surgeries Performed	Surgery Improvement Rate	Medicine Improvement Rate	Free Medicine Distributed
Jul-24	1,448	171	27	95%	50% - 60% with marked improvement	2,515,590
Aug-24	1,574	176	26	90%	55% cases showed significant improvement	2,242,904
Sep-24	1,709	251	28	92%	60% - 65% cases showed improvement	3,833,416
Oct-24	1,752	250	32	90%	55% - 65% with marked improvement	2,123,655
Nov-24	1,518	166	41	95%	60% cases showed significant improvement	2,227,291
Dec-24	1,420	137	30	96%	60% cases showed improvement	2,005,434
Jan-25	1,412	197	17	96%	70% - 75% cases showed improvement	1,785,675
Feb-25	1,363	172	26	95%	65% - 70% with marked improvement	1,446,515

Key Observations:

- Surgical success rates remained consistently high, ranging from 90% to 96% across all months, with a notable peak of 96% in both December 2024 and January 2025.
- Medicine efficacy showed gradual improvement throughout the reporting period, with up to 75% of cases showing significant improvement in January 2025.
- Over PKR 16.18 million worth of free medicine was distributed across all regions during the reporting period.

Next Steps

- Increase the frequency of specialized medical camps in underserved areas.
- Enhance data collection and real-time reporting on patient outcomes.
- Explore partnerships with additional hospitals and specialists to expand outreach capacity.

Impact Statement

The free medical camps and outreach programs supported by the MTJ Foundation significantly improved access to essential healthcare services in marginalized communities. By providing consultations, surgeries, and free medicine, these interventions have reduced health inequities and enhanced the overall well-being of beneficiaries.

Conclusion

The health department remains committed to delivering life-saving medical assistance and strengthening healthcare delivery through partnerships and sustained outreach. We are grateful to our partners and donors for their continued support in achieving impactful healthcare outcomes.



Contact Us

111-786-853 (9) 0303-2440000
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8 Makhdoom Pur road, Tulamba